the french tarte the sweet taste of france

PÂTE BRISÉE/ FLAKY TART DOUGH: Oat/whole wheat version

For two 220-240 mm/9 inch tartes

- 260 g / 2 cups (9 ounces) whole wheat pastry flour (option: use half all purpose and half whole wheat pastry if desired)
- 40 g / ½ cup rolled (not quick) oats
- 15 g / 1 tablespoon sugar
- 3 g / ½ teaspoon salt
- 227 g / 2 sticks (8 ounces) cold butter, cubed (hold in freezer until ready)
- 90 ml / 6 tablespoons ice cold water

Food processor method

- 1. Place flour, oats, sugar and salt in bowl of processor. Quick pulse a few times to coarsely grind the oats and combine the ingredients.
- 2. Feed in several cubes of cold butter at a time, quick pulsing as you go. You want to preserve pieces of butter in the dough.
- 3. Once all the butter has been added pour 3 tablespoons ice water through feed tube and pulse briefly, adding additional water, 1 tablespoon at a time, until the dough just comes together.
- 4. Turn out onto a lightly floured work surface, pat into a rough rectangle, do a three fold then do a few quick kneads to bring in any stray dry bits.
- 5. Divide in two, wrap in plastic wrap and refrigerate at least one hour before rolling out.

Pâte brisée can be refrigerated for 2-3 days or frozen, well wrapped, for up to 3 months. Thaw in the refrigerator overnight before use.