BACON CHEDDAR CORN SCONES

Makes 8 standard or 12 medium or 16 petite scones (total weight about 900 g)

- 260 g / 2 cups (9.2 ounces) flour (option: 192 g all purpose flour; 82 g medium or dark rye flour; 80 g whole wheat pastry flour
- 15 g / 1 tablespoon sugar
- 12 g / 1 tablespoon baking powder
- 2 g / ¼ teaspoon salt
- 1/2 teaspoon mustard powder
- a pinch to 1/4 teaspoon cayenne powder
- a few grinds of black pepper
- 140 g / 10 tablespoons (5 ounces) unsalted butter, cold/diced
- 1 large egg and 1 large yolk, cold
- 180 ml / ³/₄ cup heavy cream, cold (Opt: ¹/₂ cup cream, ¹/₄ cup buttermilk)
- 113 g / 4 ounces grated cheddar (or mix of cheddar and gruyere) + more for tops grated parmesan works well here
- corn kernels cut from one ear of fresh corn $\sim 50~g$ / scant 2 ounces
- 50 g / scant 2 ounces crumbled bacon
- 1. Whisk the flour, sugar, baking powder, salt, mustard powder, cayenne and black pepper together in a bowl.
- 2. Sand the cold butter into the mixture by hand, flattening the butter pieces with your fingertips. Visible pieces of butter are good!
- 3. Place the grated cheese, corn and bacon on top of the mixture in a ring around the edge of the bowl.
- 4. Add the egg and cream in the center; with a fork (or two) pull the cheese etc into the mix and toss all to moisten; then quickly bring together with a bowl scraper.
- 5. Turn out onto a work surface and quickly knead a few times to bring in any dry bits of flour; flatten out into a ³/₄" thick circle and cut into 8 wedges. Note: for smaller scones, divide the dough in two and form each into a 5 to 6" round about 3/4" thick; divide each round into 6 (if making 12) or 8 (if making 16) wedges.
- 6. Place scones on a parchment lined sheet pan. Brush tops with milk or cream and sprinkle on additional cheese. Place in the freezer while heating the oven to 425°F. Note: unbaked scones can be held in the freezer well wrapped for several

weeks. Pop into the oven right from the freezer and add about 5 minutes additional baking time at the beginning.

- 7. Bake 5 minutes then decrease oven temp to 400°F. Bake an additional 10-15 minutes until nicely browned and set. Watch your oven! If they are browning too quickly, decrease to 375°F.
- 8. Cool and enjoy. Baked scones may be frozen well wrapped. Reheat right out of the freezer for 10 minutes at 325°F.

SCONE TIPS

Keep ingredients cold, particularly the butter, cream and egg. Work quickly and efficiently with a light touch and don't overwork the dough.

Freeze the shaped scones for 10-15 minutes while your oven is heating up. Cold dough into hot oven makes for a good rise!